



Press Release

Opening of the Buff Medical Resort on Lake Constance: A new era for luxury and health

Lake Constance, Germany - 30 September 2024

The **Buff Medical Resort** on Lake Constance is pleased to announce the official opening of one of the most exclusive health resorts. As one of the leading resorts for preventive and regenerative medicine in Europe, the Buff Medical Resort will offer customised programmes from

January 2025, the Buff Medical Resort will offer tailor-made programmes that combine luxury, medical excellence and sustainable recovery.

Holistic health concept

The Buff Medical Resort pursues a unique approach that combines preventive medicine, regenerative therapies and first-class wellness experiences are combined at the highest level. Guests have access to a wide range of services, including cardiological and orthopaedic examinations, unique therapy programmes, nutritional advice and naturopathic Ayurvedic naturopathic treatments.

‘Our vision is to create a place where people can experience holistic health - both physically and mentally,’ explains Dr Claas Hohmann, Medical Director of the Buff Medical Resort. **‘Our guests receive individualised health programmes based on the latest scientific findings.’**

Luxury and relaxation in picturesque surroundings

The resort is located directly on the shores of Lake Constance, nestled in a peaceful, natural surroundings with a view of the Alps. This unique location not only offers a picturesque picturesque backdrop, but also ideal conditions for outdoor activities as well as sports and exercise programmes, which are integrated into the health programmes. The luxurious spa area of the resort, equipped with state-of-the-art technology, invites guests to deep relaxation and regeneration.



Sustainability as added value

In addition to medical expertise, the Buff Medical Resort focuses on sustainability and environmental awareness. The entire resort was designed to be environmentally friendly. The kitchen uses only regional and organic products to promote not only the health of the guests, but also that of the environment. 'We firmly believe that true well-being and health are inextricably linked to the protection of our natural resources,' says Martina Meisenberg, the resort's Head of Corporate Communications.

An exclusive experience

The Buff Medical Resort is aimed at discerning guests who are looking for a combination of relaxation and medical care at the highest level. With a limited number of rooms and suites, each guest receives personalised and discreet care. Medical excellence, exclusive therapy programmes and a first-class, luxurious 5-star superior experience are among the many offerings that set the resort apart from other health resorts.



Contact and further information

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About the Buff Medical Resort:

The Buff Medical Resort on Lake Constance is an exclusive facility that combines preventive and regenerative medicine with luxurious relaxation. In a breathtaking natural setting, the resort offers state-of-the-art medical treatments, tailor-made therapy programmes and sustainable health concepts for a select clientele.

Note to editors:

Further information, images and interview opportunities are available on request.