



## Press Release

### Buff Medical Resort: Healthcare like no other

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**Konstanz, Germany – November 01, 2024**

Buff Medical Resort is preparing for its highly anticipated opening in January 2025. Set against the scenic backdrop of Lake Constance, this innovative, holistic health resort is poised to establish new international standards in preventive and regenerative medicine by blending medical excellence with luxurious 5-star superior comfort. The unique combination of state-of-the-art high-tech medicine, holistic care, and experiential medicine paired with attentive, personalized service enables guests to experience the essence of Buff Medical Resort: a compassionate approach to medicine that views and supports the person as a whole at all levels of well-being.

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### Four Pillars of Health

Buff Medical Resort offers customized health programs based on four pillars of medical prevention:

1. **Cardiac MRI** – The most advanced technique for detailed heart examination. This state-of-the-art, non-invasive technology enables early detection of heart conditions and supports individualized preventive measures.
2. **F.X. Mayr Cure** – A globally recognized anti-inflammatory therapy focused on detoxification, purification, and regeneration, which centers on the digestive system to enhance immune strength and promote well-being.
3. **Artificial High-Altitude Climate** – All rooms and suites feature a specially regulated, alpine-inspired high-altitude climate that improves oxygen supply, boosts metabolic activity, simulates rejuvenating mitochondrial cell turnover, and accelerates regeneration.
4. **Gait Analysis** – A precise analysis of body movement patterns aimed at correcting postural issues, alleviating pain, improving mobility, and sustainably relieving physical strain.

These four pillars form the foundation of the personalized health programs at Buff Medical Resort, designed to enhance the health and well-being of guests holistically.

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## **Luxury Meets Sustainable Health Care**

Buff Medical Resort combines luxury and medical innovation at the highest level. Guests benefit from not only first-class medical care but also 5-star superior service that ensures maximum comfort and relaxation. With stylish, modern rooms and suites, individually tailored nutrition plans, and an exclusive spa, the resort provides a sanctuary where health and rejuvenation go hand in hand.

**"Our goal is to offer our guests an unparalleled experience where their health is the focus, all within an environment of top-level luxury and style,"** explains Hans-Jürg Buff, Founder and CEO of Buff Medical Resort.

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## **Exclusive Opening Offer**

To mark the opening in January 2025, Buff Medical Resort is offering an exclusive offer for its first guests. They will receive a 50% discount on their stay and the opportunity to interact personally with the Buff family and medical experts as part of a VIP group.

## **Sneak Peek Campaign – A Behind-the-Scenes Look**

Before the official opening, Buff Medical Resort is inviting select press and VIP guests to a pre-event, offering an exclusive preview of the resort and the unique vision that drives Buff Medical Resort. Registration is open until November 14 at [presse@buff-medical-resort.de](mailto:presse@buff-medical-resort.de)

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## **About Buff Medical Resort**

Buff Medical Resort on Lake Constance marks a new era in health and well-being. With a strong focus on preventive medicine, sustainability, and luxury, the resort offers a unique opportunity for guests seeking long-term health and rejuvenation.



### **Contact and Further Information**

For additional information or to plan a visit to Buff Medical Resort, please contact:

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#### **Social Media:**

Instagram: @buff\_medical\_resort

Facebook: Buff-Medical-Resort

LinkedIn: Buff Medical Resort

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### **About Buff Medical Resort**

Buff Medical Resort on Lake Constance is an exclusive facility combining preventive and regenerative medicine with luxurious relaxation. In a stunning natural setting, the resort offers cutting-edge medical treatments, personalized therapy programs, and sustainable health concepts for an exclusive clientele.

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**Editor's Note:** Additional information, images, and interview opportunities are available upon request.